

CALGARY HERALD

Vitals

BY COMPILED BY MICHELLE MAGNAN DECEMBER 11, 2008

Sex Info For Young Men

Book - Men's little black books are typically filled with phone numbers, and lots of 'em.

But the new publication, the little Black Book for guys (annick Press, \$9.95) is full of information of another kind--sexual health, sexuality and relationship info for male teens.

The book was written by teens and vetted by health professionals, so readers will be getting information they can use in a language they can understand.

The book is a project of st. stephen's community house, a social agency in toronto.

It's available at chapters, Indigo and online at chapters. indigo.ca.

Site For Singles

Website - Singles, take note: there is a new website designed just for you.

SingleEdition.ca recently launched here in canada and it's offering those who live the single life plenty of stories, interviews and tips.

For example, recent stories on the site are called the single diner's dilemma and getting into the cold weather mood (particularly apt considering calgary's dump of snow earlier this week).

montreal native sherry langburt founded the U. s. version of singleedition in 2007 and is now trying to help single canadians look past the one and only thing most information for singles focuses on: dating.

"I created the site to empower singles and to provide information on lifestyle topics given from a single person's perspective," she said in a news release.